

BRANDY ROMERO

Master of Social Work (MSW) Bilingual Mental Health Professional



EDUCATION

- **MASTER SOCIAL WORK**
UNIVERSITY OF SOUTH FLORIDA - TAMPA, FL
2020 - 2023
- **BACHELOR SOCIAL WORK**
LIBERTY UNIVERSITY - LYNCHBURG, VA
2017 - 2019
- **ASSOCIATES OF ART IN BUSINESS**
SOUTH FLORIDA STATE COLLEGE - ARCADIA, FL
2010 - 2015

ABOUT

Healing starts with a safe space where you feel heard, respected, and understood. As a USF Master of Social Work graduate with years of experience navigating complex human and family dynamics in Florida, I offer personalized online support for individuals of all ages. Fluent in both English and Spanish, my goal is to guide you through difficult life transitions and trauma with empathy, respect, and a tailored approach centered entirely on your needs.

CONTACT



+1 239 427 1635



DrBethany@RussellMentalHealth.com

SKILLS

CORE COMPETENCIES & SKILLS

- **Clinical Focus:** Cognitive Behavioral Therapy | Crisis Intervention | Behavioral Health Assessment | High-Vulnerability Case Management.
- **Telehealth & Practice:** Tele-Therapy Delivery | HIPAA Compliance | Client Engagement & Rapport Building.
- **Communication & Languages:** Bilingual (Fluent English & Spanish) | Active Listening & Empathetic Communication | Cross-Cultural Sensitivity.

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EXPERIENCE

■ **Bethany R. Russell. Ph. D.& Associates, P.A.** *Registered Licensed Clinical Social Work Inter*

2026 - Present

- Provide individual psychotherapy using evidence-based practice such as Cognitive Behavioral Therapy (CBT).
- Formulate individualized treatment plans
- Connect clients to vital community programs for housing or food assistance.
- Maintain confidential records and treatment notes in compliance with legal and medical standards.
- Adhere to the NASW Codes of Ethics.

■ **Recovery Solutions** *Clinical Team Leader*

June 2023 - Present

- Facilitate sex offender-specific treatment groups and case management services to civilly committed residents of the Sexually Violent Predator Treatment Program.
- Develop and implement individualized treatment plans and maintaining accurate and up-to-date clinical documentation.
- Ensure preparation for each session.
- Collaborate with a multi-disciplinary team to ensure a coordinated approach to resident care and treatment.

■ **Safe Children Coalition** *Child Welfare Case Manager*

August 2019 - June 2021

- Visit children in foster care or at home at least once a month to check on their well-being.
- Refer families to counseling, housing aid, substance abuse treatment, or parenting classes.
- Conduct assessments of child safety and risk factors.
- Develop and implement case plans for children and families.
- Collaborate with other professionals and agencies.
- Monitor and document progress in individual cases.
- Testify in court regarding case findings and recommendations.
- Advocate for the best interests of the child in all settings.