

Duwand Constant (DC)

EDUCATION

May 2030	Doctor of Philosophy (PhD): Marriage and Family Therapy, Florida State University
May 2026	Master of Arts: Clinical Mental Health Counseling, Florida Gulf Coast University
May 2023	Bachelors of Arts: Interdisciplinary studies, Florida International University Minor in Psychology

Research Areas

- Intersection between religion and sexuality and effect on a couple's dynamics
 - Proficiency in Counselors in dealing with sexual issues among clients
 - Counselor's competency in working with LGBTQIA Caribbean Clients
 - Systemic Interventions in working with married couples who are separated
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EMPLOYMENT HISTORY

September 2026- Present

Registered Mental Health Counseling Intern -Bethany R. Russell PhD. & Associates PA

- Providing mental health counseling services to individuals and couples
- Conducting treatment plans for clients
- Attending weekly meetings with qualified supervisor

August 2026 – Present

Graduate Teaching Assistant – Florida State University

- Providing instructional support to professors/instructors of record with course curriculum material
- Grading materials in accordance to rubric and grading criteria as implemented by the instructor of record

January 2025- October 2025

Student Faculty Consultant- Lucas Center; Florida Gulf Coast University

- Observe weekly class meetings as a student-faculty consultant with the FGCU faculty professor
- Conducting both formal and informal surveys of class attendees of assigned class
- Attending weekly partner meetings throughout the semester to provide constructive feedback for consultation to faculty partners in addition to program development
- Serving as a panel member and assisting with new faculty orientation of over 100 faculty members each semester.

Clinical Experience

September 2026- Present

Registered Mental Health Counseling Intern -Bethany R. Russell PhD. & Associates PA

- Providing mental health counseling services to individuals and couples
- Conducting treatment plans for clients
- Attending weekly meetings with qualified supervisor

Doctoral Level Practicum -FSU Center for Couple and Family Counseling (CCFT)

- Providing couple and family counseling to community members and students
- Implementing premarital counseling for prospective couples
- Providing and establish systemic interventions with clients

August 2025 – May 2026
(CAPS)

Masters-Level Trainee Intern – FGCU Counseling and Psychological Services

- Trained in providing brief counseling services to University enrolled student clients
- Conduct risk assessment and safety planning with student clients

August 2024 – May 2026

Student Counselor Intern – FGCU Community Counseling and Education Center

- Specialized and trained to provide systemic counseling to couples and family clients in the Southwest Community area
- Provided Diagnostic and Assessments to all couple clients in addition to counseling services

Jan 2023 — October 2024

Peer Counselor - EmpowerWork

- Providing volunteer peer counseling to those predominantly facing workplace or relationship challenges
- Providing external mental health resources to those seeking assistance from the organization

Publications/Research

Constant, D., Gorritz F.B. (2027). *Proper Therapeutic Interventions with Haitian Families*. (In Progress)

Constant, D., Gorritz. (2027). *Why our Sex life Matters: Evaluating a Counselor's education on sexual issues in therapy*. (In Progress)

Constant, D., Gorritz, F.B., Shaner, S., Muir, G (2027). *Counseling a Culture: Examining a Counselor's Competence Working with LGBTQIA+ Caribbean Couples* (In Progress)

Professional Affiliations

Florida Counseling Association (FCA)

American Association of Marriage and Family Therapy (AAMFT)

American Counseling Association (ACA)

International Association of Sex Research (IASR)

National Board of Certified Counselors (NBCC)

Training/Certification/Licenses

April 2025

- **Gottman Method Couples Therapy – Level 1**

July 2026 - Present

- **Registered Mental Health Counseling Intern: Florida (Application Pending)**
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Presentations

- **Constant, D.**, Soltis, D., (2026) *CLASP Suicide Prevention Training for Athletic Trainers*. Presented to the FGCU athletics department, Counseling and Psychological Services (CAPS), (Fort Myers, FL)
- **Constant, D** (2025). *Importance of Counseling Students Implementing Research in Practicum*. Nova Southeastern University, Fort Lauderdale, FL.
- **Constant, D.**, Carlson, L., Espinal, J., Moore, S., (2024). Cooper, S. *Narrative Family Therapy*. Florida Gulf Coast University, Fort Myers, FL
- **Constant, D** (2024). *Instrument Critique: The Marital Satisfaction Inventory, Revised*. Florida Gulf Coast University. Fort Myers, FL.
- **Constant, D.**, Embrey, M., Espinal, J. (2024). *Dual Relationships and Boundaries*. Florida Gulf Coast University. Fort Myers, FL
- **Constant, D** (2024). *Bowen Family Systems*. Florida Gulf Coast University. Fort Myers, FL.
- **Constant, D & Gorritz, F.B**, (2024). *Substance Use and Addictive Disorders*. Florida Gulf Coast University. Fort Myers, FL
- **Constant, D. & Gorritz, F.B** , (2023). *Culturally Responsive Counseling Related to Polyamory, Kink, and Taboo Culture*. Florida Gulf Coast University. Fort Myers, FL.

Fellowships/Awards

December 2024 -September 2025

- **National Board for Certified Counselors (NBCC) Minority Fellowship Program (2024)**
 - Selected as a 2024 NBCC Minority Fellow